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**Letter of intent for stakeholder collaboration in the research project “Mental health for all: Solutions to redesign a resource-efficient Nordic welfare model 2.0 to promote public mental health”**

The University of Turku, the University of Jyväskylä, the University of Vaasa, and Demos Helsinki are applying for funding from the Strategic Research Council for the research project Mental health for all: Solutions to redesign a resource-efficient Nordic welfare model 2.0 to promote public mental health for 2026–2029. The project will produce research-based solutions for updating the Nordic welfare state model so that it strengthens the conditions for good mental health for everyone.

On behalf of my organization, Wellbeing Services County Pirkanmaa, I express our interest in participating as a stakeholder partner in the Mental Health for All project. We see that the research project addresses important issues, both societally and to our organisation, and that it offers us access to relevant knowledge and networks. We are interested in contributing our expertise to the project in the following ways:

- Supporting the high quality and societal relevance of the research as a member of the steering group.
- Supporting the research by providing data and other information for the project as a research partner.
- Engaging in interaction with the project to ensure its societal relevance and impact (e.g., providing expert and experiential knowledge, validating and utilising research results, co-developing research-based solutions). This may happen, for example, by participating in the project’s meetings, events, or discussions on its



online platform, or by communicating about the project's events and results within our networks.

Engaging in research collaboration (including knowledge sharing, academic co-authoring, and participating in conferences together).

This collaboration aligns closely with Pirkanmaa Wellbeing Services County's ongoing work in developing mental health and substance abuse services, including the advancement of outpatient psychiatric care models, as well as its broader responsibilities in promoting health and wellbeing (HYTE). The participation of experts from different service areas, including psychiatric outpatient services, management of mental health and substance abuse services, and the HYTE sector, ensures a comprehensive and practice-oriented perspective within the project.

Through this collaboration, the project will engage in research concerning wellbeing services counties, including the use of relevant data, knowledge exchange, and expert input through interviews and other participatory methods. In addition, Pirkanmaa Wellbeing Services County will contribute to the overall societal impact of the project, including active participation in the change coalition, thereby supporting the translation of research findings into service development and policy-relevant outcomes.

This preliminary consent is not binding on either party. The preliminary consent will lapse without separate notice if the project proposal receives a negative funding decision.

Yours sincerely,

Taru Kuosmanen  
Director of Social and Health Care Services  
Wellbeing services county of Pirkanmaa